



<h2 style="text-align: center;">Gary Burman</h2> <p style="text-align: center;"><b>Curriculum Designer Secondary Physical Education</b></p>	
<p><b>Name</b></p>	<p>Gary Burman</p>
<p><b>Role</b></p>	<p>Class Teacher Curriculum Design Lead for Secondary Physical Education</p>
<p><b>Organisation</b></p>	<p>Kingsbridge Community College Education South West</p>
<p><b>Phase</b> <b>Subject Taught</b> <b>Subject / Phase Designed</b></p>	<p>Secondary Physical Education Secondary Curriculum Design PE</p>
<p><b>About me</b></p>	<p>20 years in Teaching ITT lead for Kingsbridge Community College Great Britain AG Sprint Triathlete – representing country at European Championships in Portugal and World Championships in Malaga. PGCE Mentor</p>
<p><b>PE is special because:</b></p>	<p>Physical Education is special because it provides cognitive content and instruction designed to develop motor skills, knowledge, and behaviours for physical activity and physical fitness. Supporting students through physical education daily can provide students with the ability and confidence to be physically active for a lifetime.</p> <p>Physical Education not only creates a healthier nature it develops student’s skills such as teamwork and cooperation. It helps to build self-</p>



	<p>confidence and provides opportunities for personal goal setting. Through Physical Education we can help reduce stress and anxiety, whilst providing an outlet for creativity and self-expression.</p> <p>All of these benefits make PE an essential part of the educational experience for students of all ages. Physical education is an important part of a well-rounded education. So, let's do our part to promote physical education in schools and keep our students strong in body and mind!</p>
<p><b>Train / Work Somewhere Special</b></p>	<p>Thinking back to when I completed my PGCE training, my mentor was inspirational. He was passionate about the students achieving their full potential. He modelled outstanding practice to me and gave me plenty of opportunity to discover my personality as a teacher.</p> <p>When I embarked in the role as mentor, I wanted give the same opportunities to the trainee that I had been given. I have guided lots of trainees through the PGCE for various ITT providers.</p> <p>I am passionate about sharing my love for teaching and Physical Education and the top tips I have learnt along the way with the next generation.</p>
<p><b>Work Somewhere Special</b></p>	<p>Teaching is a fantastic career because you're getting the opportunity to shape the future of so many lives, in so many ways.</p> <p>In Physical Education there are opportunities to create are future sports stars and give the students the life skills to let them live a healthy active lifestyle.</p>
<p><b>Live Somewhere Special</b></p>	<p>Devon is an amazing place to live. You are within a short drive of cities, moorland and beaches. Being a very active person having this geography is perfect to live a healthy active lifestyle.</p>