




<h2 style="text-align: center;">Chelsea Castell</h2> <p style="text-align: center;">Curriculum Designer Primary PE</p>	
<p>Name</p>	<p>Chelsea Castell</p>
<p>Role</p>	<p>Class Teacher Unit Leader & Trust Physical Education Leader</p>
<p>Organisation</p>	<p>Ernesettle Community School TIMAT (The Inspire Multi Academy Trust, South West)</p>
<p>Phase Subject Taught Subject / Phase Designed</p>	<p>Primary Physical Education Primary Curriculum design for Physical Education</p>
<p>About me</p>	<p>Teaching for 6 years Unit Leader and Transition Lead for KS2/KS3 Trust Physical Education Leader Passionate about Physical and Mental wellbeing and the impact this can have on your mind and body.</p>
<p>PE is special because:</p>	<p>Physical Education provides children with the knowledge and confidence on how to look after their own mind and bodies. In our current climate, it is crucial that children understand the benefits of physical activity and they are aware of the impact it has on their bodies if they do not stay fit and healthy. Physical Education is an exciting subject as it allows you to</p>



	push yourself out of your comfort zone, try new skills and allows you to focus and improve upon yourself.
Train / Work Somewhere Special	I am enthusiastic about working with the next generation of teachers as in our profession, there is always something new to learn! I am passionate about different teaching styles and how this can meet the needs of all pupils (especially adults) and feel like I can show my own experiences in my career so far.
Work Somewhere Special	When teaching, it is true when they say you learn something new every day! In teaching, you are met with inquisitive and unique individuals who also allow you to see a wider aspect of the world. It is a fun career which allows you to delve deeper into questions about topics you enjoy!
Live Somewhere Special	I thoroughly enjoy walking across our South West coastal path and visiting beaches across Devon and Cornwall. There is no better place than next to the sea!